Better. Stronger. Healthier. At Vintage, this is our focus. Every day, caring staff, active members, dedicated volunteers and loyal donors support and celebrate one another as we transform the experience of aging in our community. Every day, Vintage seniors make better choices, grow stronger and become healthier. As an organization, Vintage is firmly committed to its mission: To improve and influence the experience of aging in our community.

Getting Better With Age. With 43 years of mission-driven service to the community, Vintage continues to flourish. Fiscal Year 2016 marked an important organizational milestone as the first full year as an affiliate of Familylinks, Inc. The affiliation relationship with Familylinks has offered many important advantages and efficiencies, as the parent company provides support in human resources, payroll, accounting, information technologies, development, and facility management. It is worth noting that all Vintage services and all Vintage staff remained intact under the new organizational structure.

A second major accomplishment during this year was Vintage earning accreditation from the National Council on Aging/National Institute of Senior Centers. Vintage is one of only two centers in western Pennsylvania to achieve this distinction. For more details on our new national accreditation, see page 4!

Sincerely,

Ann Truxell, Executive Director       Kate Freed, Board Chair

Vintage, Inc.
421 N. Highland Ave.
Pittsburgh, PA 15206

Inside:
- Our financial and service statistics for 2015-16, page 2
- Our donors for 2015-16, page 3
- Vintage receives national accreditation, page 4
- Our board members and staff, page 4
- Better Choices, Better Health statistics for 2015-16, page 4
**Support & Revenue**

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Support (49%)</td>
<td>$359,937</td>
</tr>
<tr>
<td>Donations</td>
<td>$25,050</td>
</tr>
<tr>
<td>United Way Grant</td>
<td>$269,342</td>
</tr>
<tr>
<td>Foundation Grants</td>
<td>$65,545</td>
</tr>
<tr>
<td>Government (28%)</td>
<td>$206,345</td>
</tr>
<tr>
<td>Rental Income (10%)</td>
<td>$72,060</td>
</tr>
<tr>
<td>Government In Kind (8%)</td>
<td>$60,187</td>
</tr>
<tr>
<td>Operating Revenue (5%)</td>
<td>$41,243</td>
</tr>
</tbody>
</table>

**TOTAL SUPPORT AND REVENUE**

$739,772

---

**Expenses**

<table>
<thead>
<tr>
<th>Expense</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personnel (43%)</td>
<td>$357,460</td>
</tr>
<tr>
<td>Professional Fees (14%)</td>
<td>$113,356</td>
</tr>
<tr>
<td>Overhead (13%)</td>
<td>$109,182</td>
</tr>
<tr>
<td>Occupancy (11%)</td>
<td>$90,675</td>
</tr>
<tr>
<td>General Operating (7%)</td>
<td>$58,356</td>
</tr>
<tr>
<td>In Kind (7%)</td>
<td>$60,187</td>
</tr>
<tr>
<td>Program Supplies (5%)</td>
<td>$44,576</td>
</tr>
</tbody>
</table>

**TOTAL EXPENSES**

$833,792

**SURPLUS (DEFICIT)**

($94,020)

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**Annual Statistics**

<table>
<thead>
<tr>
<th>Category</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unduplicated Persons — Senior Center</td>
<td>1,087</td>
</tr>
<tr>
<td>Average Daily Attendance — Senior Center</td>
<td>128</td>
</tr>
<tr>
<td>Information &amp; Assistance Contacts</td>
<td>939</td>
</tr>
<tr>
<td>Female</td>
<td>73%</td>
</tr>
<tr>
<td>Male</td>
<td>27%</td>
</tr>
<tr>
<td>Living Alone</td>
<td>51%</td>
</tr>
<tr>
<td>Black/African-American</td>
<td>78%</td>
</tr>
<tr>
<td>White/Non-Minority</td>
<td>20%</td>
</tr>
<tr>
<td>Other</td>
<td>2%</td>
</tr>
<tr>
<td>Under Age 60</td>
<td>5%</td>
</tr>
<tr>
<td>Age 60-69</td>
<td>36%</td>
</tr>
<tr>
<td>Age 70-79</td>
<td>33%</td>
</tr>
<tr>
<td>Age 80+</td>
<td>26%</td>
</tr>
</tbody>
</table>

---

**Program Evaluation**

It is the policy of Vintage to conduct an Annual Program Evaluation to assess strengths, areas for improvement, and trends. The 2016 Evaluation Plan included a long-term review of utilization and demographics, and a satisfaction survey for nutrition and information services. Findings include:

- Total attendance has increased by 4% over 5 years, compared to the county-wide average of an 18% decline.
- Participant demographics remained stable for sex, living alone and race; changes are notable in ages served, with younger seniors increasing and those over age 85 decreasing.
- Twelve programs have experienced high growth over the past three years, ranging from 81% growth (volunteer services) to 459% growth (Enhance Fitness).
- 99% of survey respondents indicated they were aware of the available information services, and of those 96% had used the services and found them helpful.
- 82% of survey respondents agreed or strongly agreed that ‘my dining experience is pleasant’. 
**Donor Report**

Thanks to the generosity of our donors, Vintage is able to achieve our mission to *improve and influence the experience of aging in our community*. We are honored to thank these individuals, corporations and foundations who, together with the United Way of Southwestern Pennsylvania, made donations and grant awards.

### Individuals

- Anonymous
- Tracie Jane Ballock
- Kathleen Bashline
- N. Beaumont Beard
- Melinda Beard
- Dotti Bechtol
- Charles & Shelley Bitzer
- John Bitzer, Jr.
- Judith Black
- Joseph & Shirley Bonner
- Thomas J. Bouch
- Teri Bridgett
- John Brown
- Peter T. Brown
- Betty Burgess
- Darlene Burlazzi
- Arlene Coles
- Jennifer Collins
- Carol Dalcanton
- Suzanne Davis
- Rosemary DePhillips
- Patricia Denson
- Richard & Rhoda Dorfzaun
- Doris Frazier
- Connie Finseth
- Robert Follette
- Zelphia Ford
- Kate Freed
- Jo-Ann Garofolo
- James & Carolyn Goins
- Ruth Greenlee
- Charles & Kitty Gross
- Joan Heckel
- Janet Herbert
- William Holtz
- Ava Lynn Hom
- Lindley Reed Hunter
- Lorna Ingram
- Emmett Carter Jones
- Gregory Kalik
- Paula Kearney
- Leonard & Peggy Kisslinger
- John & Mary Lou Lehoczky
- Ronny & Carolyn Lewis
- Peter Licastro
- Richard A. Lockyer
- Kathleen Maguire
- Brent Massar
- Fred Massey
- Kenneth Matthews
- Tony Matteo
- Abby Middleton
- Roberta Milyak
- Linda Moore
- Erik G. Mosley
- Thomas A. Motley
- Barbara C. Murphy
- William D. Myerburg
- Carol Nelkin
- Robert Nelkin
- L. Theodore Neighbors
- Beth Nolan
- Roberta Odell
- Vic Papale
- John & Joan Pasteris
- Melissa Polachek
- Sandra Preuhs
- Evelyn Robinson
- Felix Robinson
- James & Louisa Rudolph
- Dorothy Sabbio
- Judith Scanlon
- Cheryl Schell
- Jeffrey Shaffer
- Michael Smith
- Robert Smith
- Dick & Ellen Spangler
- Thomas & Janet Sturgill
- Matthew Tremaine
- Ann Truxell
- Virginia Wellman
- Ellen Whyte
- Annie Mae Wright

### Corporations and Foundations

- Allegheny County Medical Society
- Andrew R. and Dorothy L. Cochrane Foundation
- Jack Buncher Foundation
- Giant Eagle Foundation
- Highmark
- Jendoco Construction Corporation
- Milton G. Hulme Charitable Foundation
- Pennsylvania Department of Aging
- William B. McLaughlin Charitable Trust
- United Way of Southwestern Pennsylvania

**SPECIAL THANKS TO OUR LEAD CORPORATE SPONSOR:**

![Giant Eagle](image-url)
Annual Report 2016 (July 1, 2015-June 30, 2016)

• Accomplishments, Staff & Board Lists

National Accreditation

The National Institute of Senior Centers (part of the National Council on Aging) is a membership and service organization focused on supporting the unique operations of senior centers. NISC accredited senior centers operate effectively from a common philosophy and with adherence to established standards of excellence. Nationally, only 2% of centers have achieved accreditation.

Vintage was awarded national accreditation status in December, 2015. The following program strengths were noted by the Accreditation Board:

- Facility is attractive and welcoming inside and out
- Good space with opportunities for various groups
- Members are involved in center operations
- Highly experienced staff
- Strong programming with evidence-based practices
- Good evaluation practices

Employees

Ann Truxell
Executive Director

Tom Sturgill
Center Director

Jennifer Collins
Business Manager

Cheryl Schell
Information & Assistance

Linda Moore
Activities Coordinator

Ken Matthews
Custodian

Janet Sturgill
Receptionist

Michael Smith
Grant Coordinator

Rosemary DePhillips
Trip/Volunteer Coordinator

Teri Bridgett
Grant Assistant

Board of Directors

Kate Freed
Chair

Bill Holtz
Treasurer

Dotti Bechtol
Secretary

Members

John Brown
Connie Finseth
Tony Matteo

Funding from Highmark, the Allegheny County Medical Society Foundation, and the United Way of Southwestern Pennsylvania supports the Better Choices, Better Health® program, an evidence-based program designed by Stanford University to promote self-management skills for older adults with chronic conditions.

During fiscal year 2016, Vintage conducted 32 workshops with a total of 361 graduates, exceeding our goals for the year. Of those who enrolled in workshops, 88% graduated, which is above the national average of 74%. We also maintained 44 volunteer peer leaders, exceeding our goal of 25.