Dear Friends of Vintage,

It’s no exaggeration to say this past fiscal year – July 2014 through June 2015 – was one of the most exciting times in the history of Vintage. As you’ve no doubt heard, 2015 saw the finalization of our affiliation with Familylinks, Inc., one of our region’s largest and most respected providers of human services. We also underwent renovations at our senior center that helped to improve comfort and usability for all, and our Better Choices, Better Health program had a banner year.

As a result of our renovations, Vintage now has brighter, more comfortable spaces for members to spend time; computers for members to use for work or fun; and a gym area with machines that members can use to stay in shape.

In fiscal year 2014-15, Vintage expanded the number of individuals served as compared with the previous two years. As we continue to grow and serve Allegheny County, our new affiliation with Familylinks allows us to use our resources more wisely, and focus on what’s most important to us: our mission to improve and influence the experience of aging in our community.

The work we’ve done this past year has prepared us for what’s ahead: In 2015-16, we anticipate big strides, like our accreditation by the National Council on Aging. We continue to work at the things that set us apart. And the generous support of our individual, corporate and foundation donors helps us to continue to achieve and exceed our goals.

Thank you for your support this year, and for helping us craft a bright future for Vintage!

Sincerely,

Ann Truxell, Executive Director
Kate Freed, Board Chair
**Service Statistics**

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unduplicated Persons — Senior Center</td>
<td>973%</td>
<td></td>
</tr>
<tr>
<td>Average Daily Attendance — Senior Center</td>
<td>126%</td>
<td></td>
</tr>
<tr>
<td>Information &amp; Assistance Contacts</td>
<td>1,292</td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>73%</td>
<td></td>
</tr>
<tr>
<td>Male</td>
<td>27%</td>
<td></td>
</tr>
<tr>
<td>Living Alone</td>
<td>50%</td>
<td></td>
</tr>
<tr>
<td>Black/African-American</td>
<td>78%</td>
<td></td>
</tr>
<tr>
<td>White/Non-Minority</td>
<td>20%</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>2%</td>
<td></td>
</tr>
<tr>
<td>Under Age 60</td>
<td>6%</td>
<td></td>
</tr>
<tr>
<td>Age 60-69</td>
<td>35%</td>
<td></td>
</tr>
<tr>
<td>Age 70-79</td>
<td>32%</td>
<td></td>
</tr>
<tr>
<td>Age 80-84</td>
<td>15%</td>
<td></td>
</tr>
<tr>
<td>Age 85+</td>
<td>12%</td>
<td></td>
</tr>
</tbody>
</table>

**Support & Revenue**

- **Public Support (36%)**
  - Donations: $360,800
  - United Way Grant: $257,897
  - Foundation Grants: $69,000
- **Government (20%)**
  - Gain on Sale of Building: $108,303
  - Property Fund Transfer: $117,550
  - Government In Kind: $59,122
  - Board Designated Fund: $23,000
  - Operating Revenue: $130,350

**Total Support and Revenue**: $999,895

**Expenses**

- **Personnel (45%)**: $467,763
- **Occupancy (15%)**: $150,789
- **Program Supplies (6%)**: $67,137
- **General Operating (6%)**: $64,392
- **Professional Fees (10%)**: $103,591
- **Better Choices, Better Health (12%)**: $129,912
- **In Kind (6%)**: $59,122

**Total Expenses**: $1,042,706

**Surplus**: ($42,811)

**“If you don’t have any chronic health issues, you can’t possibly understand”**

Marylou is a volunteer Peer Leader with the Better Choices, Better Health program – and she has dealt with chronic health issues herself. That’s been key to helping her help others.

“Some days, just getting out of bed is a challenge,” she says. “I have arthritis … sometimes the muscles in my polio leg don’t want to work.”

Marylou went through the Better Choices program years ago, and that’s what inspired her to help out. “Taking that course, it really changed my life.”

As someone living with Post-Polio Syndrome, and the effects of encephalitis, she’s able to empathize with the people who come to learn about managing chronic health issues. She teaches everyday approaches, like eating well and getting exercise.

And it’s helped her: She says she pushes herself to do better, because she knows she’s an example for others. “I’ve had people come up to me in the grocery store and let me know how the program has helped them!” she notes. “It’s a wonderful program.”
Annual Report 2015  
(Oct 1, 2014–June 30, 2015)

Donor Report

Thanks to the generosity of our donors, Vintage is able to achieve our mission to *improve and influence the experience of aging in our community*. We are honored to thank these individuals, corporations and foundations who, together with the United Way of Allegheny County, made donations and grant awards.

### Individuals & Families

Anonymous  
Kathleen Bashline  
N. Beaumont Beard  
Melinda Beard  
Dotti Bechtol  
Charles & Shelley Bitzer  
John Bitzer, Jr.  
Judith Black  
Joseph Bonner  
Thomas J. Bouch  
Teri Bridgett  
John Brown  
Peter T. Brown  
Betty Burgess  
Darlene Burlazzi  
Arlene Coles  
Jennifer Collins  
Carol Dalcanton  
Suzanne Davis  
Rosemary DePhillips  
Patricia Denson  
Frank Distazio  
Richard & Rhoda Dorfzaun  
Doris Frazier  
Connie Finseth  
Robert Follette  
Kate Freed  
Jo-Ann Garofolo  
James & Carolyn Goins  
Ruth Greenlee  
Charles & Kitty Gross  
Anne Handler  
Joan Heckel  
Janet Herbert  
David & Marguerite Hills  
William Holtz  
Ava Lynn Hom  
Lindley Reed Hunter  
Emmett Carter Jones  
Paula Kearney  
Leonard and Peggy Kisslinger  
John & Mary Lou Lehoczky  
Edward Lesoon, Jr.  
Ronny & Carolyn Lewis  
Peter Licastro  
Richard A. Lockyer  
Kathleen Maguire  
Brent Massar  
Kenneth Matthews  
Abby Middleton  
Patricia Miller  
Roberta Milyak  
Linda Moore  
Erik G. Mosley  
Barbara C. Murphy  
Carol Nelkin  
L. Theodore Neighbors  
Beth Nolan  
Roberta Odell  
Vic Papale  
John & Joan Pasteris  
Joyce Pearl  
Melissa Polachek  
Sandra Preuhs  
Evelyn Robinson  
James and Louisa Rudyolph  
Dorothy Sabbio  
Judith Scanlon  
Cheryl Schell  
Jeffrey Shaffer  
Donald Sherwood  
Michael Smith  
Robert Smith  
Dick and Ellen Spangler  
Thomas & Janet Sturgill  
Matthew Tremaine  
Ann Truxell & Robert Nelkin  
Greg Voss  
Sharon Washington  
Virginia Wellman  
Ellen Whyte

*“They just made me feel like I had a purpose”*

Vicy has been involved at Vintage for more than 20 years – though she’s quick to let you know that she is, in fact, only 36. The Penn Hills resident (actually preparing for her 80th birthday in 2016) has learned to dance, gone on trips to the theater – and, more importantly, learned about herself via Vintage.

She was convinced to join the talent show even though “I didn’t even know I had a talent!” It turns out she’s a fine stand-up comic.

Most importantly, Vintage helped Vicy to stay active and social after her husband, who was also a Vintage member, passed. “If it hadn’t been for Vintage, I don’t know what would have happened to me!” she says.

“The days I don’t get to come [to Vintage], I think, ‘This is a bad day!’”
Corporate & Foundation Support • Staff & Board

Employees
- Ann Truxell, Executive Director
- Tom Sturgill, Center Director
- Jennifer Collins, Business Manager
- Cheryl Schell, Information & Assistance Specialist
- Linda Moore, Activities Coordinator
- Ken Matthews, Custodian
- Janet Sturgill, Receptionist
- Rosemary DePhillips, Trip/Volunteer Coordinator
- Michael Smith, Grant Coordinator
- Teri Bridgett, Grant Assistant

Allegheny County Medical Society Foundation
Andrew R. and Dorothy L. Cochrane Foundation
Jack Buncher Foundation
Giant Eagle Foundation
Highmark
Jendoco Construction Corporation
Milton G. Hulme Charitable Foundation
Pennsylvania Department of Aging Senior Community Center Grant
William B. McLaughlin Charitable Trust
United Way of Allegheny County Maurice Falk Fund
Kevin R. and Tracy Ann Walsh Fund of the Pittsburgh Foundation
The Forbes Funds

Better Choices, Better Health

Funding from Highmark, the Allegheny County Medical Society Foundation, and the United Way of Allegheny County supports the Better Choices, Better Health® program, an evidence-based program designed by Stanford University to promote self-management skills for older adults with chronic conditions.

During fiscal year 2015, Vintage conducted 32 workshops with a total of 354 graduates, exceeding our goals for the year. Of those who enrolled in workshops, 83% graduated, which is above the national average of 72%. We also trained and certified 47 volunteer peer leaders in FY 2015, exceeding our goal of 25.