

Annual Report 2016 (July 1, 2015-June 30, 2016)



Vintage, Inc. Founded in 1973

Better. Stronger. Healthier. At Vintage, this is our focus. Every day, caring staff, active members, dedicated volunteers and loyal donors support and celebrate one another as we transform the experience of aging in our community. Every day, Vintage seniors make better choices, grow stronger and become healthier. As an organization, Vintage is firmly committed to its mission: ***To improve and influence the experience of aging in our community.***

Getting Better With Age. With 43 years of mission-driven service to the community, Vintage continues to flourish. Fiscal Year 2016 marked an important organizational milestone as the first full year as an affiliate of Familylinks, Inc. The affiliation relationship with Familylinks has offered many important advantages and efficiencies, as the parent company provides support in human resources, payroll, accounting, information technologies, development, and facility management. It is worth noting that all Vintage services and all Vintage staff remained intact under the new organizational structure.

A second major accomplishment during this year was Vintage earning accreditation from the National Council on Aging/National Institute of Senior Centers. Vintage is one of only two centers in western Pennsylvania to achieve this distinction. For more details on our new national accreditation, see page 4!

Sincerely,

Handwritten signature of Ann Truxell in blue ink.

Ann Truxell, Executive Director

Handwritten signature of Kate Freed in blue ink.

Kate Freed, Board Chair



Vintage, Inc.
421 N. Highland Ave.
Pittsburgh, PA 15206

Inside:

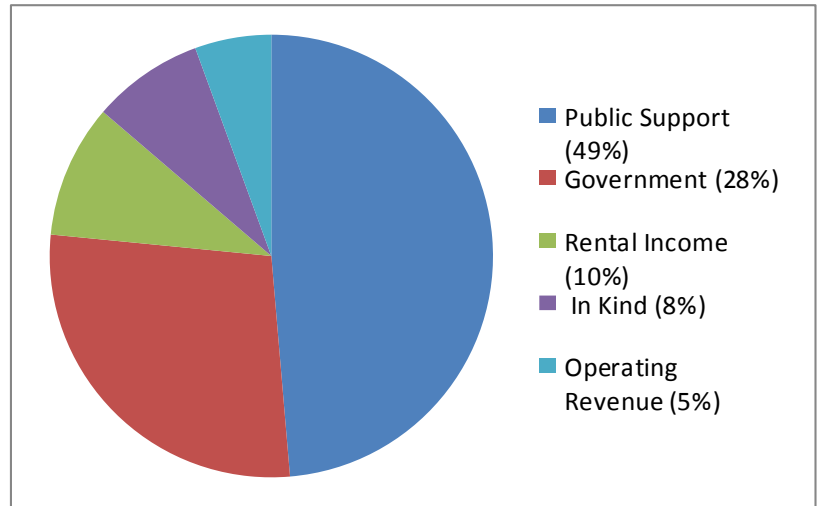
- Our financial and service statistics for 2015-16, **page 2**
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Fiscal Summary

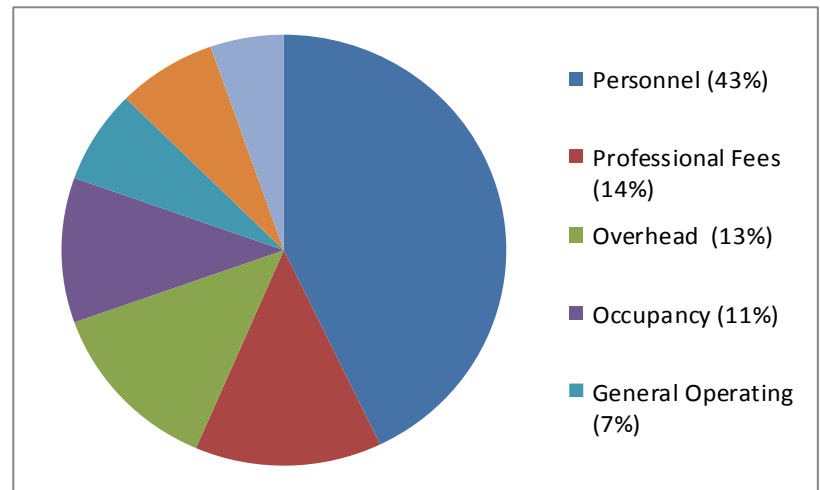
Support & Revenue

Public Support (49%)	\$359,937
Donations	\$25,050
United Way Grant	\$269,342
Foundation Grants	\$65,545
Government (28%)	\$206,345
Rental Income(10%)	\$72,060
Government In Kind (8%)	\$60,187
Operating Revenue(5%)	\$41,243
TOTAL SUPPORT AND REVENUE	\$739,772



Expenses

Personnel (43%)	\$357,460
Professional Fees (14%)	\$113,356
Overhead (13%)	\$109,182
Occupancy (11%)	\$90,675
General Operating (7%)	\$58,356
In Kind (7%)	\$60,187
Program Supplies (5%)	\$44,576



TOTAL EXPENSES	\$833,792
SURPLUS (DEFICIT)	(\$94,020)

Annual Statistics

Unduplicated Persons — Senior Center	1,087
Average Daily Attendance — Senior Center	128
Information & Assistance Contacts	939
Female	73%
Male	27%
Living Alone	51%
Black/African-American	78%
White/Non-Minority	20%
Other	2%
Under Age 60	5%
Age 60-69	36%
Age 70-79	33%
Age 80+	26%

Program Evaluation

It is the policy of Vintage to conduct an Annual Program Evaluation to assess strengths, areas for improvement, and trends. The 2016 Evaluation Plan included a long-term review of utilization and demographics, and a satisfaction survey for nutrition and information services. Findings include:

- Total attendance has increased by 4% over 5 years, compared to the county-wide average of an 18% decline.
- Participant demographics remained stable for sex, living alone and race; changes are notable in ages served, with younger seniors increasing and those over age 85 decreasing.
- Twelve programs have experienced high growth over the past three years, ranging from 81% growth (volunteer services) to 459% growth (Enhance Fitness).
- 99% of survey respondents indicated they were aware of the available information services, and of those 96% had used the services and found them helpful.
- 82% of survey respondents agreed or strongly agreed that 'my dining experience is pleasant'.

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Donor Report

Thanks to the generosity of our donors, Vintage is able to achieve our mission to *improve and influence the experience of aging in our community*. We are honored to thank these individuals, corporations and foundations who, together with the United Way of Southwestern Pennsylvania, made donations and grant awards.

Individuals

Anonymous
Tracie Jane Ballock
Kathleen Bashline
N. Beaumont Beard
Melinda Beard
Dotti Bechtol
Charles & Shelley Bitzer
John Bitzer, Jr.
Judith Black
Joseph & Shirley Bonner
Thomas J. Bouch
Teri Bridgett
John Brown
Peter T. Brown
Betty Burgess
Darlene Burlazzi
Arlene Coles
Jennifer Collins
Carol Dalcanton
Suzanne Davis
Rosemary DePhillips
Patricia Denson
Richard & Rhoda Dorfzaun
Doris Frazier
Connie Finseth
Robert Follette
Zelphia Ford
Kate Freed
Jo-Ann Garofolo
James & Carolyn Goins
Ruth Greenlee
Charles & Kitty Gross
Joan Heckel
Janet Herbert
William Holtz
Ava Lynn Hom
Lindley Reed Hunter
Lorna Ingram
Emmett Carter Jones
Gregory Kalik
Paula Kearney
Leonard & Peggy Kisslinger
John & Mary Lou Lehoczyk
Ronny & Carolyn Lewis

Peter Licastro
Richard A. Lockyer
Kathleen Maguire
Brent Massar
Fred Massey
Kenneth Matthews
Tony Matteo
Abby Middleton
Roberta Milyak
Linda Moore
Erik G. Mosley
Thomas A. Motley
Barbara C. Murphy
William D. Myerburg
Carol Nelkin
Robert Nelkin
L. Theodore Neighbors
Beth Nolan
Roberta Odell
Vic Papale
John & Joan Pasteris
Melissa Polachek
Sandra Preuhs
Evelyn Robinson
Felix Robinson
James & Louisa Rudolph
Dorothy Sabbio
Judith Scanlon
Cheryl Schell
Jeffrey Shaffer
Michael Smith
Robert Smith
Dick & Ellen Spangler
Thomas & Janet Sturgill
Matthew Tremaine
Ann Truxell
Virginia Wellman
Ellen Whyte
Annie Mae Wright

Vintage is a contracted provider
for the Allegheny County
Department of Human Services'
Area Agency on Aging.

Corporations and Foundations

Allegheny County Medical Society

Andrew R. and Dorothy L. Cochrane Foundation

Jack Buncher Foundation

Giant Eagle Foundation

Highmark

Jendoco Construction Corporation

Milton G. Hulme Charitable Foundation

Pennsylvania Department of Aging

William B. McLaughlin Charitable Trust

United Way of Southwestern Pennsylvania

SPECIAL THANKS TO OUR LEAD CORPORATE SPONSOR:



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• Accomplishments, Staff & Board Lists

National Accreditation

The National Institute of Senior Centers (part of the National Council on Aging) is a membership and service organization focused on supporting the unique operations of senior centers. NISC accredited senior centers operate effectively from a common philosophy and with adherence to established standards of excellence. Nationally, only 2% of centers have achieved accreditation.

Vintage was awarded national accreditation status in December, 2015. The following program strengths were noted by the Accreditation Board:

- Facility is attractive and welcoming inside and out
- Good space with opportunities for various groups
- Members are involved in center operations
- Highly experienced staff
- Strong programming with evidence-based practices
- Good evaluation practices

Accredited by  **nico**
National Institute of Senior Centers



Funding from Highmark, the Allegheny County Medical Society Foundation, and the United Way of Southwestern Pennsylvania supports the *Better Choices, Better Health*® program, an evidence-based program designed by Stanford University to promote self-management skills for older adults with chronic conditions.

During fiscal year 2016, Vintage conducted **32 workshops** with a total of **361 graduates**, exceeding our goals for the year. Of those who enrolled in workshops, 88% graduated, which is above the national average of 74%. We also maintained **44 volunteer peer leaders** exceeding our goal of 25.



Employees

Ann Truxell
Executive Director

Tom Sturgill
Center Director

Jennifer Collins
Business Manager

Cheryl Schell
Information & Assistance

Linda Moore
Activities Coordinator

Ken Matthews
Custodian

Janet Sturgill
Receptionist

Michael Smith
Grant Coordinator

Rosemary DePhillips
Trip/Volunteer Coordinator

Teri Bridgett
Grant Assistant

Board of Directors

Kate Freed
Chair

Bill Holtz
Treasurer

Dotti Bechtol
Secretary

Members

John Brown

Connie Finseth

Tony Matteo